



September Edition pur

THINKBEYOND

# THE INSIGHTS

School Newsletter - 2023

EXPLORE | ENGAGE | EXCEL



www.edifyworldschoolattapur.com

Chief Editor: Aditi Khare

# From Principal's Desk

Dear School Community,
We're thrilled to share some exciting
developments and initiatives aimed
at enriching our students'
educational experience in line with
the National Education Policy (NEP).
Our focus extends beyond academic
knowledge to instil values and skills
for life success. Here's a quick

overview:



NALLAM VEENA MANKOTI

Principal - Edify World School, Attapur

- Value-Based Learning: We're implementing and expanding this inclusive approach, teaching virtues like honesty, kindness, and teamwork, fostering a lifelong guiding influence.
- Empathy Enrichment: Recent field trips have deepened our students' empathy, aligning with our values-driven education.
- Vocational Training: We're developing a program to broaden career horizons, giving students a richer perspective on their future paths.
- Multilingual Education: Adopting a multilingual approach equips students with valuable skills for future employment and leadership, backed by guidance and mentorship.

These endeavours will significantly enhance our students' holistic growth and future achievements.



# STAR PERFORMERS





#### P. Pranati from Grade 9 CAIE-Karate Champion

In an outstanding display of skill and dedication, P. Pranati from Grade 9 CAIE clinched the gold medal at the prestigious 4th Telangana JKNSK India Karate-Do Championship 2023.

#### Aaradhya Agarwal, Grade 3 Achievers

Aaradhya Agarwal, a Grade 3 Achievers, secured victory in the 2023 XTRAGENIUS and Abcus Championship, showcasing impressive intelligence and mathematical prowess.





#### Tanish from Grade 8 CAIE-Swimming Champion

Congratulations to Mr. Tanish for winning first place in U-12 50m backstroke and second place in U-12 50m freestyle, butterfly, and 200m IM at the Inter-school & clubs competition-2023 in Hyderabad's Rahul Swim Academy!

# **ASSEMBLIES**



## RESPECT, MANNERS, LOVE-GRANDPARENTS DAY

Grade 4 Communicators students expressed their gratitude through a skit and dance performance in the assembly dedicated to Grandparents.



#### **ROYAL SHOWCASE**

The Grade-1 Scholars' assembly was truly enchanting as our young students transformed into royalty, sharing captivating stories and traditions with enthusiasm and clarity. It was a memorable and educational experience that showcased both their costumes and knowledge.



#### **GRANDPARENTS DAY CELEBRATION**

Grade 2 Achievers hosted a heart-warming assembly honoring their grandparents, expressing gratitude for the invaluable lessons and love received from them through speeches and dance, celebrating the cherished bond across generations.



#### **WE ARE FAMILY**

In a heartwarming assembly, our Grade 1 students shone brightly, demonstrating the importance of kindness and how small acts can illuminate even the darkest days. Their charming presentations featured captivating dance performances set to 'We Are Family' and 'Be Kind.'



#### **GREEN WARRIORS**

Grade 6 CAIE students shone on World Environment Day with a powerful street play calling for environmental change.

# **ASSEMBLIES**



#### **CELEBRATING HOPE**

Grade 3 scholars came together to celebrate World Rose Day, spreading hope and joy among cancer patients through a heartfelt skit. Through music and dance, they dedicated themselves to bringing happiness to those battling cancer.



#### **GANESH CHATURTHI**

Learners of Grade 5 Explorers started their morning assembly with a positive mindset, emphasizing the importance of spreading positivity. They shared interesting facts, discussed the significance of celebrating Ganesh Chaturthi, and showcased the theme of friendship, highlighting the idiom 'A friend in need is a friend indeed.



#### **EMPOWERING SUCCESS**

The Journey of Goal Achievement: Grade 4 Inquirers conducted a dynamic assembly on "Achieving Goals," discussing goal-setting strategies, and receiving praise from Principal Ms. Veena ma'am for their informative performance.



#### **IGNITING CONFIDENCE**

1. Believe in Yourself' Assembly: Grade 2 Communicators delivered a powerful assembly themed "Believe in Yourself," inspiring self-discovery and confidence among students, emphasizing the universal and timeless message of self-belief.



#### **PEACE DAY**

Peace Day: Grade 2 students commemorated Peace Day with a commitment to promote harmony and unity through the Peace Pledge.



# Grandparents' day celebrations

Grandparents, the family's cherished pillars, were honored at Edify World School, Attapur on Grandparents Day, September 23, 2023. The event included heartfelt songs, expressions of love, blessings, and intergenerational bonding through games, strengthening the timeless connection between generations.

# Cooking without fire

Cooking fosters creativity, relaxation, and control over ingredients. Our little chefs at Edify World School engaged in fireless cooking, preparing delightful dishes as tokens of gratitude for the staff, security guards, and attendants, celebrating World Gratitude Day. This activity not only honed their culinary skills but also taught teamwork and appreciation for the art of cooking.







## Ganesh Chaturthi Celebrations

Grade 1 students expressed creativity through clay Ganesha figurines.

Grade 3 students explored artistic expression with Ganesh mask making.

Grade 2, 4 and 5 Celebrated Ganesh Chaturthi with Art and Knowledge.





## **HINDI DIWAS**





सारे देश की आशा है, हिंदी अपनी भाषा है, जात- पात के बंधन को तोड़े, हिंदी सारे देश को जोड़े।

हमारे देश में अलग – अलग भाषाएँ बोली जाती है। उन में से एक है हिंदी भाषा। भारत के संविधान ने 14 सितम्बर को हिंदी भाषा को राष्ट्र भाषा घोषित किया था। इसलिए यह दिन हर साल हिंदी दिवस के रूप में मनाया जाता है।

इस महत्वपूर्ण दिवस पर एडिफाय वर्ल्ड स्कूल अत्तापुर के तीसरी कक्षा के छात्रों के द्वारा कविताएँ व नाट्य रूपांतर की प्रस्तुति देकर हिंदी के प्रति प्रेम प्रकट किया गया।

Honoring Hindi Diwas: In honor of Hindi Diwas, the learners across all grade seamlessly delivered a multitude of performances, commemorating this occasion during the special assembly.

## **TELUGU DIWAS**





"దేశ భాషలందు తెలుగు లెస్స" అని శ్రీ కృష్ణ దేవరాయుల వారు అన్నారు ప్రతియేటా ఆగస్టు 29న తెలుగు కవి గిడుగు వెంకట రామమూర్తి జయంతి సందర్భంగా తెలుగు భాషా దినోత్సవాన్ని జరుపుకుంటారు.

ఇ సందర్భంగా ఎడిఫై వరల్డ్ స్కూల్ అత్తాపూర్ లో నాలుగువా తరగతి చదువుతున్న విద్యార్థులు తెలుగు గొప్పతనాన్ని పాటల రూపంలో మరియు నృత్య రూపంలో చక్కగా వివరించారు..

"Each year on August 29th, we celebrate Telugu Language Day, coinciding with the birthday of Gidugu Venkata Ramamurthy, a prominent Telugu poet. Students at Edify World School, Attapur, marked the occasion with a memorable assemblies, highlighting the importance and origins of Telugu through songs and dances, fostering a deep appreciation for the language."



# Field Trips



Birla Planetarium

#### COSMIC ADVENTURE: EDIFY'S STELLAR FIELD TRIP TO BIRLA PLANETARIUM

Grade 5 students from Edify World School recently embarked on a captivating field trip to the Birla Planetarium. There, under the planetarium's grand dome, they explored the mysteries of the universe, gazing at stars and planets while enjoying an immersive theatre show. Guided by an interactive voice system, they ventured through constellations and galaxies, igniting their passion for space. This out-of-classroom experience left them with a newfound appreciation for the cosmos, shaping future scientists and space enthusiasts.

#### **JOURNEY THROUGH TIME**

Grade 7 Edifians' Enchanting Visit to Chowmahalla Palace - A Day of History and Marvels.



# SHILPARAMAM

Shilparamam

Grade students had enriching experiential trip to 'Shilparamam' as part of their 'Our Expressions' module, exploring diverse art forms and Indian cultural heritage.



# Field Trips



#### **ZOO ADVENTURES**

Fun-filled zoo trip for second-grade students enhanced education through adventure, learning, and ethical insights about animals and habitats, integrating with the IM curriculum.

## Zoo Park

#### Theme Song on Zero Hunger

In a world So wide
There's a goal we chose
Zero hunger's the call, that rings so clear
Togethere we stand, with hope Cincere

No empty atomachs, no tears in eyes Let's Soveral our ways and touch the skies Zero hunger, a would so fair No one The Left , we all will share

From North to Suth East to West Together use can be the best Zern hunger our guiding Star Reaching out, no matter how for

No Empty Stomach, no team in eyes Let Apred our wings and touch the street Hand in hand Let make it real A world of plenty, for all to find



# INTER-SCHOOL SPORTS COMPETITION

















RELIVE THE EXCITEMENT OF THE "RUN FOR GLORY INTER-SCHOOL COMPETITION @ EDIFY WORLD SCHOOL," WHICH UNFOLDED OVER TWO ACTION-PACKED DAYS.

THE "RUN FOR GLORY CHAMPIONSHIP," AN INTER-SCHOOL SPORTS COMPETITION, COMMENCED WITH A SPIRITED PARADE OF PARTICIPANTS FROM DIVERSE SCHOOLS. THIS WAS FOLLOWED BY A GRAND OPENING CEREMONY, GRACED BY THE PRESENCE OF CMD MR. RAJESHWAR REDDY, ACADEMIC DIRECTOR MS. HARITHA REDDY, CEO MR. BHASHA, AND PRINCIPAL MS. NALLAM VEENA MANKOTI, WHO JOINTLY LIT THE CEREMONIAL LAMP TO INAUGURATE THE EVENT. MOREOVER, THEY ALSO PLAYED A SIGNIFICANT ROLE IN PRESENTING AWARDS TO THESE OUTSTANDING TALENTS TO HONOR THEIR SPORSTMANSHIP. DAY 1 WITNESSED INTENSE COMPETITION IN TABLE TENNIS, SKATING, GYMNASTICS, AND CHESS. IT ALSO FEATURED AN AWARD CEREMONY TO RECOGNIZE THE OUTSTANDING

DAY 2 MARKED THE THRILLING CONCLUSION OF CRICKET, BASKETBALL, FOOTBALL, AND LAWN TENNIS GAMES, CULMINATING IN A GRAND AWARD CEREMONY TO CELEBRATE AND HONOR THE CHAMPIONS OF THESE SPORTS FOR A SPECTACULAR SHOWCASE OF SPORTSMANSHIP.

- 1. CRICKET TEAM BAGGED THIRD PLACE
- 2. FOOTBALL GIRL'S TEAM WON FIRST PLACE

ACHIEVEMENTS OF STUDENTS IN THESE SPORTS.

- 3. LAWN TENNIS BOYS WON FIRST PLACE AND SECOND PLACE
- 4. THE CHESS GIRLS' TEAM WON FIRST PLACE
- CHESS BOY'S TEAM WON SECOND AND THIRD
- 5. SKATING BOYS AND GIRLS WON FIRST PLACE
- 6. GYMNASTICS BOYS AND GIRLS WON FIRST PLACE

# Books, learning and beyond: Edify World School's Literacy Day Extravaganza

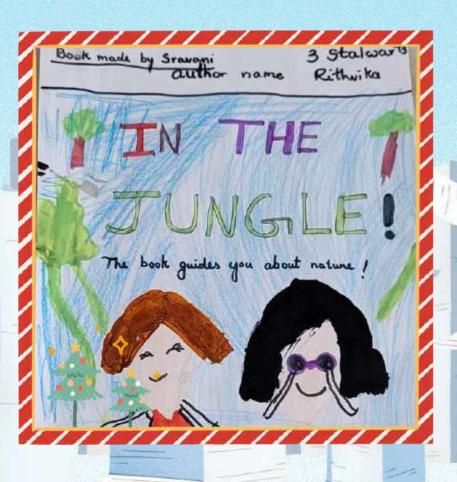
#### **UNSDG GOAL-04**

CULTIVATING LITERACY, ONE BOOK AT A TIME! APPLAUDING OUR GRADE 9 PIONEERS AT EDIFY WORLD SCHOOL, ATTAPUR, FOR MARKING INTERNATIONAL LITERACY DAY WITH A HEARTFELT BOOK DONATION CAMPAIGN.
THROUGHOUT AUGUST, OUR STUDENTS GATHERED BOOKS, AND THEY HAD SPREAD THE JOY OF READING TO A LOCAL GOVERNMENT SCHOOL IN ATTAPUR. THEIR GENEROUS BOOK DONATION, COUPLED WITH A COMPELLING SKIT, UNDERSCORED THE PIVOTAL ROLE OF LITERACY IN SHAPING OUR LIVES.

HARMONIZING LITERACY WITH VARIOUS COMPETITIONS ACROSS ALL GRADES. HERE ARE A FEW GLIMPSES!

A READING NOOK FOR OUR YOUNG EDIFIANS, FOSTERING A LOVE FOR READING ON LITERACY DAY. GRADE 3 EDIFIANS MARKED LITERACY DAY WITH ENTHUSIASM THROUGH DIVERSE ACTIVITIES, NURTURING THEIR CREATIVITY AND HARNESSING THE POWER OF READING AND WRITING.





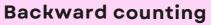






In honor of National Sports Day on August 29th, the learners commemorated the birth anniversary of hockey legend Major Dhyan Chand Singh as Edify World School recognizes the multifaceted benefits of sports. We were proud to celebrate this day as we continued to instill important life lessons through sports.





Our IK-3 students are turning everyday activities into valuable learning experiences as they count and climb stairs, mastering backward counting effortlessly.



These fundamental social skills are essential for a child's lifelong development. Our IK-3 students acquired proper table etiquette, enabling them to express respect and gratitude during mealtime



#### Cleanliness is next to Godliness

The significance of cleanliness was imparted to our IK-2 learners, who actively participated in cleaning their classroom and gained a newfound appreciation for cleanliness. Their efforts left the classrooms gleaming, instilling the values of both maintaining a clean environment and personal hygiene.



IK2's Supermarket Adventure: Real-Life Money Skills and Eco-Friendly Values!

Our IK-2 students created a lively classroom supermarket, honing their real-money transaction skills while having fun. Alongside these practical lessons, they also embraced ecofriendliness by learning about the importance of reducing plastic usage and opting for cloth bags –a valuable step toward responsible citizenship.

#### **Teachers Day**

Teachers Day celebrates the birth of the extraordinary Dr. Sarvepalli Radhakrishnan on September 5th, 1888. It reminds us of the profound impact teachers have, shaping us into responsible citizens and future leaders. Here's a snapshot of an IK-3 tiny tots who created a fingerprint card for their teacher.

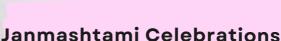


# THIS MONTH



Emotions serve as a means of communication and quick response in crucial moments. Our IK-3 students explored the world of emotions and expressions through a captivating story in their ongoing Inquiry Module.





Janmashtami marks Lord Krishna's birth and symbolizes the triumph of good over evil. Our IK-3 students dazzled with a vibrant dance, while their teachers portrayed Lord Krishna's birth and life history.

#### **Team building**

Blindfold games play a crucial role in fostering teamwork, trust, and developing a unique perspective on the world. Our young toddlers in IK-2 explored their senses of sight, smell, sound, taste, and touch through the activity.





## **Charging-up Brain Cells**

Left and right brain activation exercise enhances children's focus and concentration. Here is a snippet of the activity in which students transferred sand from one glass to another using both hands simultaneously.



#### My feelings

Promoting emotional learning and creativity, IK-3 students crafted 'My Feelings Tree,' exploring various emotions through images pasted on the tree, fostering imagination and cognitive growth.



#### Tale Delight

Storytelling benefits children's imagination, vocabulary, and communication skills. Our IK-1 toddlers experienced this through an interactive 'Little Red Riding Hood' performance by facilitators, thoroughly enjoying the experience.



#### **Exploring Quantities**

Everyday objects, like balls, tables, and books, can be singular or plural based on quantity. Our IK-3 Edifians learned 'one and many' by comparing object numbers.





IK-3 students learned politeness, respect, and manners, building themselves into better individuals and contributing to a harmonious society taking tiny steps by knowing and learning the words like sorry, please, thank you excuse me and welcome.

# Object Talk: Precious Playtime Memories

In their adorable "Object Talk," our adorable IK-1 children were inspired by their cherished toys, highlighting the profound role toys play in childhood.





#### Sack Race

Our little sports stars displayed their sportsmanship in sack race. Sack racing, a spirited competition, involves hopping inside a sack towards a finish line. The first to reach it wins, as captured here in the picture.



#### **Orange Color Day**

"IKs Students Embraced the Vibrancy! Engaging activities introduced the concept of orange as a secondary color, enhancing young learners' understanding through fun experiments with red and yellow."

# Math is a universal language

Mathematics serves as a universal language and forms a cognitive foundation in early education. It involves more than just numbers and shapes; early math emphasizes reasoning and critical thinking, laying the groundwork for future learning.





A Crucial Skill for Vocabulary and Literacy.



#### **Puppets**

Nurturing Cooperation, Creativity, and Communication in Students.



Grasping 'This' and 'That'- IKs Explore Near and Far.



#### **Hands-On Learning**

IK3 Edifians Master Skip Counting with Lacing Activity.



# Promoting Independence Through Morning Routines

Encouraging independence in children, our students got immersed in a morning routine pretend play, fostering creativity and teaching personal care habits, from teeth to attire selection.



#### **Muddy adventures**

IKs learners embraced mud as a creative playground in their "Transport" themed IM 2 chapter, making memorable childhood memories.







## Story-telling

In their English class, Grade 3 students were assigned the creative task of crafting their own stories.

## **Problem solvers**

Peaceful resolutions are possible for all conflicts, no matter how challenging they are. Grade 2 Edifians engaged in a mind map activity, skillfully identifying conflict, root causes and honing their problem-solving abilities.



Face Masks by Grade 3 Students



## Finger Family

Family, nature's masterpiece and our everything, was celebrated by Grade 1 young masters through a creative Finger Family drawing activity. This fun and artistic endeavor not only highlighted the value of family but also enriched their language skills.





## Inter-House Sports

Grade 1 Edifians displayed sportsmanship in the Huddle race during the Inter-House sports event.

# Finger Puppets and Numbers

Grade 1 youngsters explored addition on a number line with finger puppets, embracing a joyful activity that solidified their understanding.





## **Inter-House Sports**

Grade 2 sport stars displayed sportsmanship during the Inter-house running race, embodying resilience and good conduct in victory and defeat.



Art by Madiha Fatima - 3 Innovators



## **Beauty of Ethics**

Our Grade 2 minds enthusiastically created a 'Bouquet of Ethics,' internalizing values and principles for a successful life.



## **Circles and Cones**

Grade 2 learners learned about circle and cone terms and properties through hands-on experience, becoming proficient in their understanding of these concepts.

## Country's Progress

Balancing both rural and urban development is crucial for a country's progress. Grade 1 students gained a deeper understanding of these lifestyles by experiencing a model, enriching their vocabulary and learning about the concept.





Cake Decoration idea by Yatisha Agarwal, Grade 1



## **Verb Tense**

Grade 3 Edifians sorted verbs by tense, enhancing communication skills.



## Warli painting

1.Grade 3 students dove into the art of pot and Warli painting in IM 3 - Our Expressions.



## Capacity

Grade 2 students engage in hands-on capacity exploration, enhancing their learning experience through experiential activities.





## It's all about 3D view

Grade 1 students embarked on a 3D shapes journey, exploring cubes, spheres, cones, and cylinders.





## **Verb Tenses**

Grade 2 Mastering verb tenses through experiential learning, providing an innovative approach to conquer challenging grammar concepts.

## unity amidst diversity

India's strength lies in its unity amidst diversity. The Grade 2 students at Edifians celebrated Cultural Food Day by showcasing diverse state cuisines, promoting crosscultural understanding and open-mindedness.





Solar System Model



## **Note Making**

Grade 5 Edifians sharpened their note-making skills by watching a video on Chandrayan 3, helping them retain and record core conceptual knowledge and information displayed.



# em Dicratus - I cragetistest

### **Solar Showcase**

Grade 5 learners crafted a sustainable Solar System Model and Diorama using recycled materials, aligning with UNSDG principles to showcase their understanding of our solar system.

# Exploring Area and Perimeter

5th graders grasped the essence of measuring knowledge through mathematics, explored the intricacies of area and perimeter calculations for composite shapes.

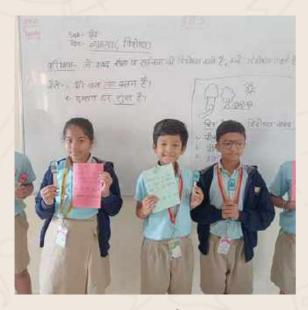


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#### **Art of Conversation**

Grade 5 learners mastered Direct and Indirect Speech through an Interactive Pair Activity.



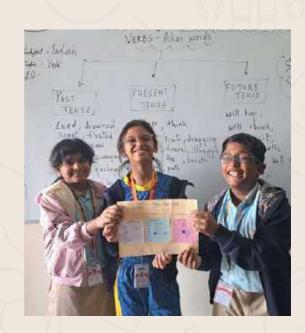


## विशेषण

आज विशेषण गतिविधि का आयोजन किया गया, जिसमें कक्षा 4 के बच्चों ने दिए गए शब्दों से स्वयं ही वाक्यों की संरचना की और वस्तुओं की विशेषताएं बताई।

## Verbs Unveiled through "The Frog and the Mouse" story

Students immersed themselves in verb exploration with 'The Frog and the Mouse' story, identifying, sorting, and discovering the absence of future tense verbs. This storytelling revelation highlighted how we naturally omit them to enhance the narrative's enchantment.



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## **Lunar phases**

Grade 5 students designed 'Lunar Phases Race,' an engaging educational board game that teaches about the moon's phases while having fun.



## Gravity

G5 Edifians gained a deep understanding of gravity and Newton's laws by hands-on experiments where they dropped objects of different masses, connecting theory to real-world.

## Mountaineering

Grade 4 students explored the lives of Indian mountaineers Ms. Arunima Sinha and Ms. Bachendri Pal. They learned about their biographies and discovered the equipment and requirements for mountain climbing.



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## **Adaptations**

Grade 4 students showcased aquatic plant adaptations through colorful lotus flower drawings, enhancing their grasp of plant diversity and adaptation.





# Grade 5 Satellite Discovery

Grade 5 students engaged into the world of satellites, gaining practical knowledge of different types and their vital roles in technology and daily life, fostering a deeper appreciation for these orbiting wonders.







Comic Strip by Murtuza Zain
Ahmed -3 Communicators

# THIS MONTH IN MSP

#### Pressure and diffusion

Grade 7 CAIE students showcased their understanding of pressure in liquids and diffusion in gases and liquids, including the factors influencing these phenomena.





#### Chemical detectives: Mysteries of compounds and colors

IGCSE 9th graders successfully identified cations and anions in an unknown sample compound through qualitative analysis. Additionally, they applied chromatography to separate colors in a dye mixture.

## Art activity

Grade 8 learners explored symbol of peace in connection with the unit Conflict and Hope.

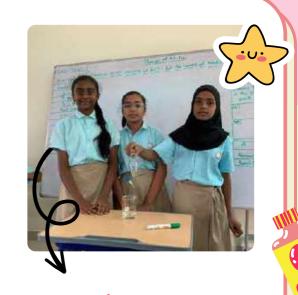




# THIS MONTH IN MSP

### Fluid Separation

Grade 6 CBSE demonstrated Oil-Water separation with a separating funnel.





#### Mohenjo-Daro's Barter Market

Students portrayed trade in the Mohenjo-Daro Market, showcasing the Barter System of ancient times where goods were exchanged for commodities such as ornaments, clay and terracotta toys, gold, silver, ivory, and Indus seals.

# Meet our young Meteorologists!

Grade 7 CAIE decoded Weather and Climate using models and charts to enhance understanding and bring Weather Station to life.





# THIS MONTH IN MSP

# Kaun Banega Reaction Expert?

Grade 8 CAIE Students Hosted 'Rates of Reaction' Science Quiz,
Reinforcing Collaborative Learning and Reflection.



#### **Future Alchemists**

Grade 9 IGCSE students delved into the world of transition metal compounds, showcasing their vibrant colors in experiments. They have now embarked on a research journey to further explore this intriguing subject.



छठी कक्षा के बच्चों ने आज हिंदी दिवस सप्ताह महोत्सव (कवि सम्मेलन) मनाया , हिंदी साहित्य का परिचय देते हुए कविता सुनाई और हिंदी दिवस सप्ताह का आरंभ किया गया।





# A message from our Special Educator: Supporting Diverse Learners and Spelling Tips

Every youngster is unique in their own way. I welcome and respond to the diverse needs of all young people and their families. Our school mission is to support each and every student in accessing and succeeding in the same curriculum, developing effective skills. We believe that we achieve more when we work together, and collaboration is essential to delivering effective bespoke support to every student. The school is committed to providing teaching and learning experiences that target each student's needs.



Ms. Anjum B,Ed in Special Education. Certified in Learning Disorders

This month, my focus was on spelling words. Additionally, the students continue to practice their spelling words in various ways. Here are some tips you can use at home to help them with their spelling words:

How to Help a Child with Spelling?

- 1. Short Daily Drills: Spend 5–10 minutes a day reviewing spelling words. Practice test the night before the "real" test in the classroom.
- 2. Multi-Sensory Approach
  - Visual: Color-code patterns in words with a highlighter; write each word several times with different colored pencils; type the spelling words into the computer using a fun font.
  - Auditory: Practice spelling words aloud with rhythm, in a song, or say the letters of the words as the child writes them.
  - Tactile/Kinaesthetic: Snap, clap, or tap out the spelling of words; use clay or sand to spell the words; use beans or pasta to form the words and glue them onto paper.

Mnemonics: Use mnemonics to help remember spellings of difficult words (e.g., create a saying - "SAID" becomes "Sally Ate Iced Donuts" or mispronounce words - "Wed - nes - day").

- qu q is a lonely letter that needs you.
- the two heavy elephants.
- said silly ants in dresses.
- because big elephants can always understand small elephants.
- was worms are slimy.

Happy learning! I will be back with more learning in the next newsletter.



# PARENTING TIPS

#### **UMA DEVI**

MSc Psychology, BSc, BEd, Certified Career Counsellor, Certified Child Psychologist, Certified Neuro & Biopsychologist



# "WHY DO KIDS LIE AND WHAT SHOULD I DO?"

Hi dear parents!

We are back with another special topic, and we invite you to join us on this incredible Odyssey as we navigate the sea of parenthood. So, let's start by understanding why children lie and what you should do if your child lies.

The art of storytelling begins early, it seems, and it's all too common for children to weave their web of make-believe. But why do they do it? And what can we, as parents, learn from these little lies?

# LET'S EXPLORE SOME REASONS WHY CHILDREN LIE:

- Lying could be due to fear of punishment.
- They may lie to do something they are not allowed to do.
- Lying might be an attempt to fit in with others.
- Sometimes, they lie for fun.
- They may lie to make someone happy or to avoid hurting others' feelings.

To better understand this, recall situations when you lied for a reason. Lying is an adaptive social strategy that we employ to navigate and control situations where telling the truth may not lead to a positive outcome. Providing unconditional love and acceptance to your child can reduce the inclination to lie.

#### SO, WHAT SHOULD YOU DO?

- Firstly, let's be calm and change our mode from aggressive to affectionate to make the child comfortable, fostering open communication.
- Create an environment where your child feels at ease discussing their feelings and concerns.
- Praise, appreciate, and reward honesty, even if it means admitting to a mistake.
- Try to find and understand the root cause of why your child is lying and address the underlying issue.
- Be a role model of honesty in your own actions and interactions.
- Help them find better ways to deal with situations instead of lying.
- Finally, explain the consequences and discuss the importance of instilling values like honesty, integrity, and responsibility from a young age with them.

Understanding why children lie is a crucial step in effective parenting. It's essential to recognize that lying is a natural part of a child's development, often driven by curiosity, imagination, or fear. By fostering open communication, parents can guide their children toward a truthful and responsible future.

Wishing you success in your journey toward truthful parenting.

Catch you in the upcoming edition of "The Insights" with another intriguing subject.





# TEACHER'S WORK







- \* సిరులుపొంగే మాఊరు చింతలులేని కోనేరు
- \* నిండుకుండలాంటి మాఊరు నిజాయితీకిమారుపేరు
- \*స్వచ్ఛమైనమనసు మాఊరు అచ్చమైన తెలుగుతేనీరు
  - \* పూలవనముల మాఊరు పాడిపంటలతోఅలరారు







-Ms. Chandrakala [Telugu Facilitator]



2+2=4

# Call Me the Queen of Caffeine

One of the world's most famous drink is COFFEE. After water coffee is the most burned through fluid coffee more than a refreshment is a memory, an expectation, a long period of unobtrusive joy woven in our lives. Coffee is a little red natural product delivered in the form of seeds from plants mostly in the size of a bush the transformation of these seeds into drinks is long and complex. Coffee's prosperity as a refreshment is because of the caffeine it harbours and to its tangible delight. Coffee lovers come to relate the empowering lift of the caffeine with the fragrance and complex taste of the refreshment.

Types of Coffee's

- 1. Arabica
- 2. Robusta
- 3. Excelsa
- 4. Liberica

Cultivation of coffee plants is usually done in large commercial operations. The Arabica species of coffee is cultivated mostly in Latin America while Robusta variety pre-dominates in Africa. Arabica is considering a milder more flavorful and aromatic brew than Robusta. Though Robusta it cheaper to produce, it has twice the caffeine content of Arabica & typically the bean of choice of many commercial coffee brands. Both are grown in India and Indonesia in small quantities. Climatic conditions are very important for coffee growth. The plants require a temperature in the vicinity of 20-28 Celsius & also require a rainfall of 60-70 inches along with 3-4 months of dry period.

**Benefits:** (

- # Coffee helps in refreshes the mind and short-term memory.
- # It is really good for skin.
- # Lowers the risk of prostate cancer.
- # It lowers the risk of heart diseases by 20%.
- # Black coffee is used for weight reduction.

# Coffee contains magnesium and potassium which helps the body to regulate insulin and maintain glucose levels.

Coffee In India

Coffee is majority grown in Kerala, Karnataka and Tamil Nādu followed by Andhra-Pradesh, Odisha and east coast of the county. Chikmanglore and Karnataka was the first place where coffee was grown during the British raj. Currently Chikmanglore and Coorg are the biggest contributors of the coffee production in India.

Coffee consumption is growing every year in India. In the current the total coffee distribution is around 7 million 60KG bags. This is 40% increase from the previous year. South India states consume around 78% of the total coffee produced in India. Italy, Germany and Russia are major export destination of India Coffee.

**Facts about Coffee** 

- # Finland had most coffee consumption with 12kg consumed per person.
- # The first coffee drink dates back to 800 A.D
- # Coffee beans are technically seeds and we can eat coffee cherries as food.
- # Brazil produces 1/3 of worlds coffee, followed by Vietnam.
- # Worlds costliest coffee costs \$1200 per KG and come from feces of Asian palm civet.
- # The largest coffee cup ever filled was a 9-foot-tall cup with 3487 gallons in 2012.

Coffee consumption is the first activity for many people early in the morning, or after a stressful day of work or to connect with friends in café. Since coffee is the second most consumed drink after water, it can be called Queen of caffeine.

-Ms. C.S.Bindu IM Facilitator



## PARENTS' PERSPECTIVE

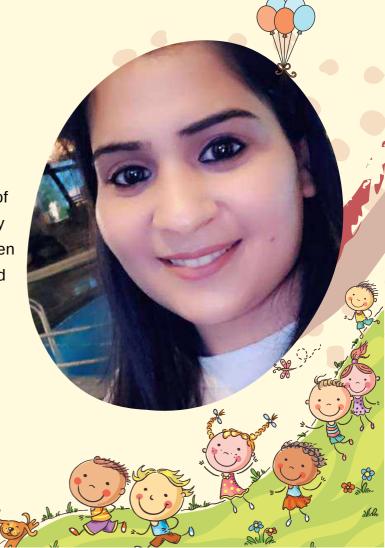


#### I AM THE PARENT OF ATHARV AND ARADHI, IK3

"I am Jaya Loya, the mother of Atharv and Aradhi Loya, who are in IK3. As a parent, I believe that the school plays a vital role in shaping a child's future, and Edify World School, Attapur, is doing an amazing job with its student- and parent-friendly curriculum. The standards and commitments of the teachers, coordinators, and supporting staff are great. Adjustments are made as needed to meet the children's needs. It is always a pleasure to attend the school's programs. It's a treat to watch the kids perform in various activities. Seeing our kids go to school happily every day is a delight. Thank you  $\mathfrak{S}$ ."

#### I AM THE PARENT OF NEEV AGARWAL, GRADE 1

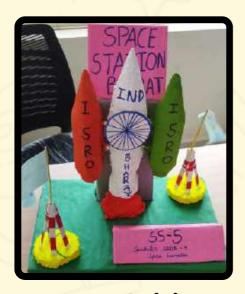
"I am Bhavana, the parent of Neev Agarwal from Grade 1. I have noticed that different teaching methods and learning styles are used at Edify, making learning fun for my child. I have seen a lot of improvement in my child. The school provides many competitions and activities, which encourage children to participate and overcome their fears. I am excited to see my child grow more through Edify. The teachers, school staff, and coordinators have a caring and friendly nature."



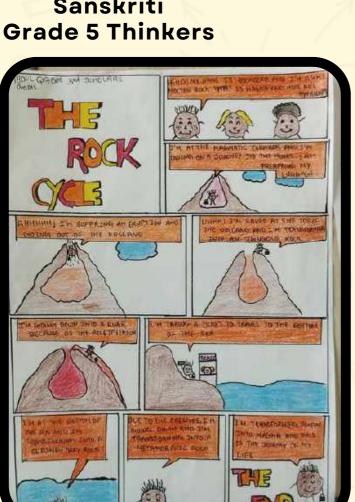


# students' Mork





Sanskriti



**Abdul Qadir - 3 Scholars** 



**Twinkle Grade 5 Thinkers** 





**Art Work by Mohammad Faizdan Grade 6 CBSE Thinkers** 







#### Tips for Students to be successful in life

• Get Organized:-

Making a plan for what you're going to do and when you're going to do it will make sure you're always ahead.

· Don't multitask:-

Studies have shown that multitasking is physically impossible.

· Divide it up:

Studying isn't fun to begin with, and forcing yourself through a study marathon will only make it worse. Dividing your work into manageable chunks and rewarding yourself when you finish each chunk will make studying (more) fun.

· Set a schedule:-

Do you work better right after school or after you've eaten dinner? Are you more productive in 90-minute blocks or half-hour spurts? Find a schedule that works for you, and stick to it.

· Take notes:-

Taking notes will not only keep you more engaged during class but will also help you narrow down what you need to study when exam time rolls around. It's much easier to reread your notes than to reread your entire textbook!

• Study:-

This one might be obvious, but did you know that there's a right and a wrong way to study? Review your material several days ahead of time, in small chunks, and in different manners (for example, write flashcards one day and take practice tests the next). In other words, don't cram.

· Manage your study space:-

Find a place that will maximize your productivity. Look for places away from the television and other distractions. Whether it's your local library or just the desk in your bedroom, set aside a study space that you'll want to spend time in.

Find a study group:-

Sitting down with a group of people who are learning the same things as you is a great way to go over confusing class material or prepare for a big test. You can quiz each other, reteach material, and make sure that everyone is on the same page. After all, teaching someone else is the best way to learn.

Set SMART Goals

In students' lives, the very first benefit of setting a goal is to achieve success in their academic life. It marks their first step towards success. Setting a smart goal is important for your future bright. S.M.A.R.T. goal stands for Specific, Measurable, Achievable, Relevant and Timely.

Time Management

Be punctual always. Time Management is a must in a student's life. The purpose of time management is to enable them to do more and better work in less time. Always remember successful students or the students who want to be successful in life manage their time so that they can easily have time to study as well as to play.

Thank you!!

By- Ayushi Basera

# UPCOMING EVENTS!!!

- Gandhi Jayanti Holiday: 2nd October
- Assessments for IKs: 10th to 12th October
- International Girl Child Day: 11th October
- IM 3 Summative Assessment: 9th to 13th October
- Term-1 Assessment: 4th to 13th October
- World Food Day: 12th October
- Dussehra Celebrations: 13th October
- MSP- National Trip to Jodhpur [Ranthambore
- National Park]: 19th 22nd October
- ·MSP- International Trip to Singapore & Malaysia:
- 15th to 21st October
- Dussehra Vacations: 14th to 25th October
- United Nations Day: 26th October
- United Nations Day: 26th October
- J Green Color Day [IKs]: 27th October
- JI PTM 2: 28th October





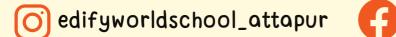
We hope you'll enjoy it and find it useful. Keep an eye out for the next edition!



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